



Cape May County Technical School District *Course Guide*

Career, Vocational & Technical Courses
Evening Personal Enrichment Classes



Adult & Community Education Winter/Spring 2025

Table of Contents

Youth Certification & Technical Courses

Certification Programs	Day	Page
American Red Cross Babysitter's Training	W	5
American Red Cross Lifeguarding Class	Th	5
Technical Skills	Day	Page
Auto Fundamentals	W	6

Career, Vocational, & Technical Courses

Certification Programs	Day	Page
Adult & Pediatric First Aid/CPR/AED Initial Certification	M, T	6
BLS For the Health Care Professional Initial Certification	Th	6
Boater's Safety Certification	T, W	6
Commercial Drone Pilot Certification Exam Preparation	Th	6
Forklift Certification	M, T	6
Technical Skills	Day	Page
Auto Repair Lab - Beginners to Intermediate	T	7
Electrical House Wiring	Th	7
Outboard Motor Maintenance & Repair	T	7

Evening Personal Enrichment Classes

Dance/Music	Day	Page
Guitar - Beginners	M	7
Guitar - Intermediate	W	7
Step Into the Fun: Line Dancing for Beginners	M	8
Level Up Your Line Dancing: Advanced Beginners	M	8
Let's Mix It Up: Line Dancing for Beginners	W	8
Let's Mix It Up: Line Dancing for Advanced Beginners	W	8
Tap Dancing - Beginners	T	8
Tap Dancing - Advanced Beginners	Th	8
Quilting/Sewing	Day	Page
Knitting - Sweater	M	9
Knitting - Socks on Circular Needles	T	9
Knitting - Entrelac	Th	9
Quilting By Machine	M	9
Sewing - Beginners	T	9
Sewing - Advanced Beginners	W	9

Need Career Training?

Learn More About Our Post-Secondary Programs
on Pages 17-19.

Culinary Arts	Day	Page
Muffins: Gingerbread And Double Chocolate Salted Caramel	T	10
Buttermilk Biscuit Egg Sandwiches	T	10
Valentine's Jam Filled Linzer Heart Cookies & Raspberry White Chocolate Cheesecake Bars	T	10
Presidential Dessert: Boston Cream Pie	T	10
Strawberry Cream Cake	T	10
Ham & Cabbage Potato Soup And Irish Cheddar Potato Muffins	T	10
Health/Mindfulness	Day	Page
Fit Fusion	T	11
Gentle Chair Yoga	T	11
Holistic Wellness Introductory Series	Th	11
Meditation	Th	11
Sound Practice for Relaxation	T	11
Weight Training - Open Format	M	12
Yoga - Beginners	W	12
Language	Day	Page
American Sign Language - Level 1	T	12
Russian Made Easy	T	12
Spanish - Advanced Beginners Conversational	M	12
Spanish - Introduction to Conversational	M	12
Special Interest	Day	Page
Books I Should Have Read in High School	M	13
Digital Photography - Beginners	W	13
DNA Workshop	T	13
Dog Obedience	Th	13
Dog Obedience - Rally for Beginners	T	13
Dog Obedience - American Kennel Club Canine Good Citizen Program	T, Th	14
Home Interior Design - Introduction	T	14
Selling on eBay	W	14
The Writer's Guild	Th	14
General Winter/Spring 2025 Information		Page
Calendar for Evening Personal Enrichment Classes		4
List of Classes by Evenings Offered		4
Testing Center		15
GED, Adult Basic Education & ESL		16
Post Secondary Programs		17-19
Apprenticeship Programs		20
District & Program Information		21
Registration Procedures for Evening Personal Enrichment Classes		23

Do you have exceptional knowledge of a subject to share with others?

Cape May Tech is looking for individuals to join our team of outstanding instructors in the evening community education program. Call the office at 609-380-0241 for more information.

List of Classes by Evenings Offered

Monday	Page	American Sign Language - Level 1	12
Adult & Ped. First Aid/CPR/AED Init. Cert.	6	Russian Made Easy	12
Forklift Certification	6	DNA Workshop	13
Guitar - Beginners	7	Dog Obedience - Rally for Beginners	13
Step Into the Fun: Line Dancing for Beginners	8	Dog Obedience - American Kennel Club Canine	
Level Up Your Line Dancing: Adv. Beginners	8	Good Citizen Program	14
Knitting - Sweater	9	Home Interior Design - Introduction	14
Quilting By Machine	9		
Weight Training - Open Format	12	Wednesday	Page
Spanish - Adv. Beginners Conversational	12	Youth - Babysitter's Training	5
Spanish - Introduction to Conversational	12	Youth - Auto Fundamentals	6
Books I Should Have Read in High School	13	Boater's Safety Certification	6
		Guitar - Intermediate	7
		Let's Mix It Up: Line Dancing for Beginners	8
		Let's Mix It Up: Line Dancing for Adv. Beginners	8
		Sewing - Advanced Beginners	9
		Yoga - Beginners	12
		Digital Photography - Beginners	13
		Selling on eBay	14
Tuesday	Page	Thursday	Page
Adult & Ped. First Aid/CPR/AED Init. Cert.	6	Youth - Lifeguarding Class	5
Boater's Safety Certification	6	BLS For the Health Care Pro Init. Cert.	6
Forklift Certification	6	Commercial Drone Pilot Cert. Exam Prep	6
Auto Repair Lab	7	Electrical House Wiring	7
Outboard Motor Maintenance & Repair	7	Tap Dancing - Advanced Beginners	8
Tap Dancing - Beginners	8	Knitting - Entrelac	9
Sewing - Beginners	9	Holistic Wellness Introductory Series	11
Muffins	10	Meditation	11
Buttermilk Biscuit Egg Sandwiches	10	Dog Obedience	13
Valentine's Jam Filled Linzer Heart Cookies		Dog Obedience - American Kennel Club	14
& Raspberry White Choc. Cheesecake Bars	10	The Writer's Guild	14
Presidential Dessert: Boston Cream Pie	10		
Strawberry Cream Cake	10		
Ham & Cabbage Potato Soup And Irish			
Cheddar Potato Muffins	10		
Fit Fusion	11		
Gentle Chair Yoga	11		
Sound Practice for Relaxation	11		

Semester Calendar

Community Education not in session on February 17

January				February				March			
M	T	W	TH	M	T	W	TH	M	T	W	TH
		1	2	3	4	5	6	3	4	5	6
6	7	8	9	10	11	12	13	10	11	12	13
13	14	15	16	X	18	19	20	17	18	19	20
20	21	22	23	24	25	26	27	24	25	26	27
27	28	29	30					31			



DID YOU KNOW?

The Cape May County Technical School District serves all ages & stages!

Post Secondary Certification Pg. 17-19

For adults age 18 and older with a high school diploma seeking career technical credentials.

Testing Center Pg. 15

In-person GED, CASAS, TEAS tests.

Adult Basic Education Pg. 16

Adult Basic Education classes to prepare students to take the GED and/or to raise their test scores for entrance into Post-Secondary programs.

ESL Preparation Pg. 16

Programs to prepare ESL students for the demanding workplace. Classes focus on speaking, listening, reading and writing, as well as earning an industry credential.

Apprenticeship Programs Pg. 20

Career Technical High School Pg. 24

A full-time, career-focused public school of choice.

Certification Classes Pg. 6

Technical Skills Classes Pg. 7

Evening Personal Enrichment Classes Pg. 7-14

Youth Certifications (under 18 years old)

WSB2501 BABYSITTING (13-17 years old)

This American Red Cross course Babysitter's Training program provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants, including Pediatric First Aid & CPR. Certifications are valid for 2 years. **Students must attend all four sessions for certification.**

Dates: Wednesdays – March 12, 19, 26 & April 2 (4 sessions)

Instructor: Daniel Loesch

Time: 5:00pm-7:00pm

Fee: \$80.00 + \$38.00 (certification fee)

WSLF2501 LIFEGUARDING (15 years old on or before the final class with proof of age)

This American Red Cross Lifeguarding class is designed to teach you not only the basics in water safety but also the proper protocol when dealing with any emergencies around water. The Red Cross blends both traditional lecture style along with crucial hands-on training in order to teach you effective techniques to deliver prompt care to those in need. Learn how to respond safely and efficiently to water emergencies with lifeguard classes from the American Red Cross. Classes will be at the Cape May County Special Services school and pool. **Students must attend all eight sessions for certification.**

Before beginning class, student must be able to:

- 1) **Complete a swim-tread-swim sequence without stopping to rest:**
 - Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed)
 - Maintain position at the surface of the water for 2 minutes by treading water using only the legs
 - Swim 50 yards using the front crawl, breaststroke or a combination of both
- 2) **Complete a timed event within 1 minute, 40 seconds:**
 - Starting in the water, swim 20 yards. (The face may be in or out of the water. Swim goggles are not allowed).
 - Submerge to a depth of 7 - 10 feet to retrieve a 10-pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point, holding the object at the surface with both hands and keeping the face out at or near the surface.
 - Exit the water without using a ladder or steps.

Dates: Thursdays – March 13 through May 15

(8 sessions; no class on April 17 or April 24)

Time: 4:00-7:00 p.m.

Instructor: Ione Laffey

Fee: \$260 + \$46 (certification fee)

Youth Technical Skills (under 18 years old)

WSMA2501 AUTO FUNDAMENTALS (15-18 years old)

Join our Auto Fundamentals Class, designed for eager teens who would like to learn about the auto industry. Learn the basic fundamentals taught by an ASE (Automotive Service Excellence) certified technician in a modern, well-equipped shop setting. Gain hands-on experience and discover the world of automotive repair. On the first night of class, a review of auto shop equipment and safety guidelines will occur. All automotive parts are supplied by the student and if you bring a vehicle, it must be removed from the premises after each night of class, no exceptions.

Dates: Wednesdays – January 29 through March 19 (8 sessions)
 Instructor: Dan Corcoran
 Time: 5:30pm-8:30pm
 Fee: \$144.00++(S)

Certifications

WSC2501 ADULT & PEDIATRIC FIRST AID/ CPR/AED INITIAL CERTIFICATION

This American Red Cross course trains individuals to act in emergency situations and to recognize and care for life threatening adult and pediatric emergencies such as respiratory or cardiac problems and sudden illness. First Aid is included. Students will have the opportunity to practice on the training manikin and the test for certification will be administered the same night. Certifications are valid for 2 years.

Dates: March 10 and March 18
 Instructor: Daniel Loesch
 Time: 4:00pm-7:00pm
 Fee: \$24.00 + \$38.00 (certification fee)
 1 session needed for certification

WSC2502 BLS FOR THE HEALTH CARE PROFESSIONAL INITIAL CERTIFICATION

The American Red Cross Basic Life Support (BLS) course is designed to train healthcare professionals including nurses, physicians, EMS professionals, and other healthcare and public safety personnel to respond to breathing and cardiac emergencies in adults, children and infants. Students will have the opportunity to practice on the training manikin and the test for certification will be administered the same night. Certifications are valid for 2 years.

Date: March 13
 Instructor: Daniel Loesch
 Time: 4:00pm-7:00pm
 Fee: \$24.00 + \$25.00 (certification fee)

WSC2503 BOATER'S SAFETY CERT.

This state approved course will earn students a New Jersey Boaters Safety Certificate. Students will learn the parts of a vessel, what to do before going out in your boat, safety procedures of operating a boat, legal requirements, and how to handle boating emergencies. **Students must meet the required 8 hours of instruction, and must achieve a passing score on the test to earn their New Jersey Boater's Safety Certification.** The first three nights of class will be the instructional hours. The test will be given on the last night.

Dates: Tuesday & Wednesdays – March 4, 5, 11, & 12
 (4 sessions must be attended by students for certification)
 Instructor: Hanna Toft
 Time: 5:00pm-8:00pm
 Fee: \$72.00

WSC2504 COMMERCIAL DRONE PILOT CERTIFICATION EXAM PREP

To fly a drone you must obtain a Remote Pilot Certificate from the Federal Aviation Administration (FAA) under the Small UAS Rule (Part 107). This course will provide detailed information on regulations, operating requirements and safety procedures as well as hands-on experience to help you prepare for the exam. Please note, the certification examination is independently scheduled and taken by the student at an off campus testing site approved by the FAA. The instructor is an experienced, FAA Certified Commercial Drone Pilot.

Dates: Thursdays – January 30 through March 20 (8 sessions)
 Instructor: Michael Palombo
 Time: 6:00pm-8:30pm
 Fee: \$120.00

WSC2505 FORKLIFT CERTIFICATION

Students will learn fundamental knowledge of lift trucks and their operation, including the importance of OSHA regulations as they relate to safe lift operation and number of accidents involving lift trucks. They will also be instructed on the principles of balance, stability, and capacity. They will learn the importance of preoperational inspection of a lift truck, safety guidelines for operating a lift truck, safe load techniques, as well as, safe handling of fuels and batteries used in lift trucks.

Dates: Monday & Tuesday – May 12 & May 13
 (2 sessions must be attended for certification)
 Instructor: Adam Dunning
 Time: 5:00-8:00pm
 Fee: \$90

Apprenticeship Programs

Learn More on Page 20

Technical Skills

WST2501 AUTO REPAIR LAB - BEGINNERS TO INTERMEDIATE (Session 1)

Would you like to save money on gas and basic car maintenance? Learn the basic fundamentals taught by an ASE (Automotive Service Excellence) certified technician to service and maintain your vehicles to keep them running well. Hands on practice changing tires, oil, wiper blades, replacing bulbs, reset light procedures, and checking fluids. Also, discover what to look for when buying a used car. On the first night of class, a review of auto shop equipment and safety guidelines will occur. All automotive parts are supplied by the student and vehicles must be removed from the premises after each night of class, no exceptions.

Dates: Tuesdays – January 28, February 4, & February 11
(3 sessions)
Instructor: Dan Corcoran
Time: 5:30pm-8:30pm
Fee: \$54.00++(S)

WST2502 AUTO REPAIR LAB - BEGINNERS TO INTERMEDIATE (Session 2)

Course description is the same as Session 1, only the dates are different.

Dates: Tuesdays – February 18, February 25 & March 4
(3 sessions)
Instructor: Dan Corcoran
Time: 5:30pm-8:30pm
Fee: \$54.00++(S)

WST2503 ELECTRICAL HOUSE WIRING

Students will be introduced to the theory of electrical house wiring by applying the technical knowledge presented in the classroom and opportunity for hands-on experience. Electrical theory codes, standards, outlet connections, circuits and metallic and non-metallic cables will be included. This course covers the basics of electrical house wiring for the homeowner.

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Mike Mills
Time: 5:30pm-8:30pm
Fee: \$144.00 (S)



WST2504 OUTBOARD MOTOR MAINTENANCE & REPAIR

This course is for the boater who wants to know more about their engine. Theory and practical hands-on instruction in the operation, maintenance and troubleshooting of two and four-stroke outboard motors and drive trains will be featured. Students will be invited to bring in their own outboard motor later in the semester for servicing or repair. All parts are purchased independently by the student.

Dates: Tuesdays – January 28 through March 18
(8 sessions)
Instructor: Steve Schall
Time: 5:30pm-8:30pm
Fee: \$144.00++(S)

Dance/Music

WSG2501 GUITAR - BEGINNER

Learn fundamentals of playing the guitar including notes on the finger-board, open chords and playing songs. Music theory and various music styles and guitar techniques will be presented in a group instruction format. Designed for the novice learner. Bring your acoustic guitar and tuner to each night of class. Recommended textbook, purchased independently by the student: Hal Leonard Guitar Method Book I, ISBN 978-0793533923.

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Joe Scheid
Time: 6:30pm-8:00pm
Fee: \$60.00++

WSG2502 GUITAR - INTERMEDIATE

Continue your study of the guitar by developing different playing styles, learn music theory and more fingering/strumming techniques. Interpret what a piece of music is telling you such as beat, tempo, scale. Learn movable barre chords and chord structure. Explore the elements of rhythm, melody, harmony and form the expressive controls of texture, timbre, dynamics, tempo and articulation. Conducted in a group instruction format. Please bring your acoustic guitar and tuner to each class along with a notebook and pen.

Dates: Wednesdays – January 29 through March 19
(8 sessions)
Instructor: Joe Scheid
Time: 6:30pm-8:00pm
Fee: \$60.00++

**EMT Certification
Coming Soon!**

WSLD2501 STEP INTO THE FUN: LINE DANCING FOR BEGINNERS

Ready to try line dancing? This beginner-friendly class is designed just for you! We'll start with the basics, and I'll guide you through popular dances like Mama Maria and Gin & Tonic. No prior experience is needed, and dancers of all levels are welcome to join! Line dancing is a fantastic way to add activity and fun to your routine—and it's great for brain health, too! Grab some friends, lace up your comfortable shoes (boots optional), and get ready for a great time. Let's dance!

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Cathy Cashmere
Time: 5:30pm-6:30pm
Fee: \$40.00

WSTD2501 TAP DANCING – BEGINNER

Have you always wanted to learn how to tap dance? The exact origin of tap dancing is unknown, but most likely it developed from a combination of cultural dance influences. Through the years, tap dancing has gained prominence as both entertainment and an art form. In this course, you will learn basic tap technique, combinations and a routine. Swing your arms, tap your feet and dance to the music while having fun! No experience is necessary and tap shoes are optional. The instructor has over 25 years of experience teaching tap dancing to all ages.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Mary-Anne Dieckhaus
Time: 6:30pm-7:30pm
Fee: \$40.00

WSLD2502 LEVEL UP YOUR LINE DANCING: ADVANCED BEGINNERS

Already got the basics down? This class is for you! We'll dive into dances like Levi's in Low Beams and Blood, Sweat and Beer (find them on YouTube). It's the perfect way to boost your skills and keep the energy high. Bring some friends to double the fun—boots optional, comfortable shoes essential. Let's dance!

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Cathy Cashmere
Time: 6:45pm-7:45pm
Fee: \$40.00

WSTD2502 TAP DANCING – ADVANCED BEGINNER

Do you have previous tap dancing experience? Have you completed two or more sessions of beginner tap? This course will focus on intermediate to advanced dances, as well as, presentation of new dances to popular varieties of music. Join the fun!

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Mary-Anne Dieckhaus
Time: 6:30pm-7:30pm
Fee: \$40.00

WSLD2503 LET'S MIX IT UP: LINE DANCING FOR BEGINNERS

New to line dancing? This class is for you! We'll start with the basics and classics like the Electric Slide and Cupid Shuffle - plus lots more - all set to a mix of music genres. Line dancing is an awesome way to stay active, boost brain health, and have a blast. Bring some friends to double the fun!

Dates: Wednesdays – January 29 through March 19 (8 sessions)
Instructor: Cathy Cashmere
Time: 5:30pm-6:30pm
Fee: \$40.00

WSLD2504 LET'S MIX IT UP: LINE DANCING FOR ADVANCED BEGINNERS

Comfortable with the basics? This class takes it up a notch! We'll jump into dances like Metamorphosis and Bali's Party, keeping the energy high with a variety of music styles. Grab a friend or two and join us for an upbeat, skill-boosting experience!

Dates: Wednesdays – January 29 through March 19 (8 sessions)
Instructor: Cathy Cashmere
Time: 6:45pm-7:45pm
Fee: \$40.00



Quilting/Sewing

WSK2501 KNITTING – SWEATER

This course is designed for the knitter who knows how to knit and purl. You will learn the important steps required to knit a well-fitting sweater and then knit a sweater pattern you have been wanting to knit, or bring a sweater you have started to knit but find you need some help. Check out the instructor's sweater patterns at www.ravelry.com – search Kathe Christensen. Additional techniques included in this course are increasing/decreasing stitches, picking up stitches, and proper seaming techniques. If you are uncertain about the yarn or other supplies for your chosen pattern, please email the instructor prior to the first class at kathechristensen@comcast.net.

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Kathe Christensen
Time: 5:00pm-7:00pm
Fee: \$80.00++

WSK2502 KNITTING – SOCKS ON CIRCULAR NEEDLES

This course is designed for the knitter who knows how to knit and purl. You will learn to knit basic socks on two circular needles, beginning at the toe. If you have never knitted socks, you will knit one sock at a time. If you have already knitted socks, you have the option of learning to knit both socks at the same time, and including a decorative stitch pattern. If you have additional questions, please email the instructor prior to the first class at kathechristensen@comcast.net.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Kathe Christensen
Time: 6:00pm-8:00pm
Fee: \$80.00++

WSK2503 KNITTING – ENTRELAC

Entrelac is a knitting technique that resembles a woven basket weave pattern. Although entrelac may look tricky, all you need to know for the basic technique is how to cast on, knit, and purl. If you do not know the additional techniques of picking up the stitches, increasing and decreasing stitches, you will learn them in class. Entrelac can be worked with a solid color, multiple colors, or a variegated yarn and can be used in patterns for sweaters, scarves, wraps, blankets, socks, and more. It can also be worked in any weight of yarn. If you have additional questions, please email the instructor prior to the first class at kathechristensen@comcast.net.

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Kathe Christensen
Time: 6:00pm-8:00pm
Fee: \$80.00++

WSQ2501 QUILTING BY MACHINE

This course is for the confident beginner to intermediate level machine quilter. You will learn cutting and block placement, borders, binding and assembling of a quilt. The quilt you will be making is called "Eternal Mother's Embrace". The style is braided design. You can choose to make this quilt in any of these four sizes: baby, lap, twin, and queen. Basic knowledge of sewing and sewing machines are necessary. This course requires the independent purchase of supplies by the student. Upon registration, a supply list will be emailed to the student.

Dates: Mondays – January 27 through March 31
(8 sessions, no classes February 17 and February 24)
Instructor: Doreen Dever
Time: 5:30pm-8:30pm
Fee: \$120.00++

WSS2501 SEWING – BEGINNER

This course is for individuals who wish to learn how to use a sewing machine. Starting from the basics, the instructor will review parts of the machine, functions and how to get started sewing. How to hem clothes by machine with finishing touches by hand will be included along with one or two small sewing projects designed for the novice. Please bring your sewing machine and machine instruction book to each night of class. This course requires the independent purchase of supplies by the student. Upon registration, a supply list will be emailed to the student.

Dates: Tuesdays – January 28 through March 25
(8 sessions, no class March 11)
Instructor: Karen Bohme
Time: 5:30pm-8:30pm
Fee: \$120.00++

WSS2502 SEWING – ADVANCED BEGINNER

This course is for individuals who have basic knowledge of how to use a sewing machine. The course will go over the basic and decorative stitches on your machine, how to alter garments, as well as learning how to read and sew with a pattern. Participants need to bring their own sewing machines and supplies to class. Upon registration, a supply list will be emailed to the student.

Dates: Wednesdays – January 29 through March 26
(8 sessions, no class March 12)
Instructor: Karen Bohme
Time: 5:30pm-8:30pm
Fee: \$120.00++

**Dental Radiology Program
Registration Open Now!
More Information on p. 18**

Culinary Arts

WSF2501 MUFFINS: GINGERBREAD AND DOUBLE CHOCOLATE SALTED CARAMEL

Learn to make two different desserts using similar ingredients to cozy up by the fire to enjoy. This class will start with making delicious gingerbread muffins with orange buttercream and finish the night with a decadent double chocolate salted caramel muffins. Be sure to bring an apron and containers to bring home the tasty treats.

Date: Tuesday, January 28
Instructor: Gwen Raring
Time: 4:00pm-6:00pm
Fee: \$12.00 + \$45.00 supply fee

WSF2502 BUTTERMILK BISCUIT EGG SANDWICHES

Treat yourself and your family to a fun and delicious treat to have any time of day during cold winter months. Learn to make buttermilk biscuits from scratch, cutting them into fun shapes, and assembling them into delightful bacon, egg and cheddar cheese sandwiches. Be sure to bring an apron and containers to bring home the tasty treats.

Date: Tuesday, February 4
Instructor: Gwen Raring
Time: 4:00pm-6:00pm
Fee: \$12.00 + \$45.00 supply fee

WSF2503 VALENTINE'S JAM FILLED LINZER HEART COOKIES AND RASPBERRY WHITE CHOCOLATE CHEESECAKE BARS

Learn to make two different desserts using similar ingredients to share with your valentine! This class will teach students how to make Swedish/German traditional jam filled traditional cookies, as well as an Oreo crusted raspberry white chocolate cheesecake bar. Both are fancy treats that will impress that special someone and even your friends. Be sure to bring an apron and containers to bring home the tasty treats.

Date: Tuesday, February 11
Instructor: Gwen Raring
Time: 4:00pm-6:00pm
Fee: \$12.00 + \$45.00 supply fee

WSF2504 PRESIDENTIAL DESSERT: BOSTON CREAM PIE

Celebrate President's Day with General Ulysses S Grant's favorite dessert, a Boston cream pie. Make and assemble the tasty layers of this flavorful all-American dessert. Be sure to bring an apron and containers to bring home the tasty treat.

Date: Tuesday, February 18
Instructor: Gwen Raring
Time: 4:00pm-6:00pm
Fee: \$12.00 + \$45.00 supply fee

WSF2505 STRAWBERRY CREAM CAKE

Calling all strawberry lovers! This class will teach students how to make a strawberry cream cake, a traditional hot milk cake filled with macerated strawberries and freshly whipped sweetened cream. Be sure to bring an apron and a container large enough to bring the strawberry cream pie home.

Date: Tuesday, February 25
Instructor: Gwen Raring
Time: 4:00pm-7:00pm
Fee: \$12.00 + \$45.00 supply fee

WSF2506 HAM & CABBAGE POTATO SOUP AND IRISH CHEDDAR POTATO MUFFINS

Celebrate the luck of the Irish this March by learning how to make a traditional ham, cabbage and potato soup - paired perfectly with homemade Irish cheddar potato muffins. Be sure to bring an apron and containers to bring home the tasty treats.

Date: Tuesday, March 4
Instructor: Gwen Raring
Time: 4:00pm-7:00pm
Fee: \$12.00 + \$45.00 supply fee



Did you know that Cape Tech serves as a testing center for GED, CASAS & TEAS?

Learn More on Page 15

Health/Mindfulness

WSH2501 FIT FUSION

Fit Fusion is a 50 to 60-minute fitness program that combines different types of workouts into one format. It is set to fun music that will make you forget you're exercising. The class is designed to increase flexibility, balance, coordination, muscular strength, and cardiovascular endurance. It includes a variety of modalities, such as drumming, light weight lifting, Pilates, barre, yoga, and more. This program can be done in a chair or standing. It is a fabulous class for everyone, no matter your fitness level or age.

Need: This program involves upper body and lower body movements, therefore, clothes should be worn that allow for ample movement and comfortability and wear sneakers. Bring light hand weights, 2 to 3 pounds, no more than 5 pounds, water and your beautiful smile.

Dates: Tuesdays – January 28 through February 25 (5 sessions)
Instructor: Lynne Catarro
Time: 5:00pm-6:00pm
Fee: \$25.00

WSH2502 GENTLE CHAIR YOGA

Gentle chair yoga is practiced in a chair and/or with the aid of the chair for support during balance postures. It is a safe, accessible, sustainable, adaptable yoga practice that is ideal for individuals of all ages, abilities and fitness levels. Provided in a supportive and interactive environment, this class incorporates breathing exercises, gentle stretches, yoga postures, mild yoga flows, standing balance and a final relaxation. This practice may help increase one's flexibility, lung capacity, strength, endurance and improve balance while maintaining a mental well-being, self-confidence and overall healthy lifestyle. For greater comfort and ease of movement, avoid tight, restrictive clothing. Highly recommended slip proof socks, a long scarf or yoga strap, and tennis ball.

Dates: Tuesdays – January 28 through March 4 (6 sessions)
Instructor: Lynne Catarro
Time: 6:15pm-7:15 pm
Fee: \$30.00



WSH2503 HOLISTIC WELLNESS INTRODUCTORY SERIES

Explore the foundations of holistic wellness in this weekly series. Each week a presentation on a topic, related to holistic wellness for the mind, body, and spirit, will be shared along with techniques for you to practice to assist you with living a balanced and fulfilling life. Basic information is provided on: breathing techniques, types of meditation, mindfulness practice, Emotional Freedom Technique (EFT), natural home remedies and essential oils, sound therapy, chakras, and Reiki.

Please bring a yoga mat and a blanket unless you would like to remain seated in a chair. **Prior to using essential oils, check with a healthcare professional if you have a serious medical condition or if you are pregnant, nursing or planning to become pregnant.**

Dates: Thursdays – January 30 through March 27
(8 sessions, no class on March 13)
Instructor: Debbie Valletto
Time: 4:00pm-5:00pm
Fee: \$40.00

WSH2504 MEDITATION

Meditation is an ancient tradition that is practiced in cultures all over the world to create a sense of calm and inner harmony. By practicing breathing techniques, body scans, guided meditations, and using a Tibetan healing bowl, the goal of the weekly class is to gain a sense of peace and balance that can benefit your emotional well-being and overall health. The class will conclude with reflection and journal time. Please bring a blanket and yoga mat unless you plan to remain seated in a chair.

Dates: Thursdays – January 30 through March 27
(8 sessions, no class on March 13)
Instructor: Debbie Valletto
Time: 5:15pm-6:30pm
Fee: \$50.00

WSH2505 SOUND PRACTICE FOR RELAXATION

A sound bath is a meditative experience where individuals listen to sounds and are "bathed" in sound waves inviting a state of peace of mind and relaxation in the body. Sound healing instruments presented for sound bath include: Crystal singing bowls, Tibetan metal singing bowl, Ocean Drum, Tingsha cymbals, and chimes. The class will conclude with reflection and journal time. Please bring a blanket, and yoga mat unless you plan to remain seated in a chair.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Debbie Valletto
Time: 4:00 pm-5:15 pm
Fee: \$50.00

WSH2506 WEIGHT TRAINING – OPEN FORMAT

This course is conducted in an open-style format just like going to a gym or fitness center. Whether you are familiar with exercise equipment or need an introduction to standard weight room machines and accessories, the instructor can assist you with your specific needs. In the first class, a review of the proper use of equipment along with safety and sanitation procedures will be reviewed. Students should be in adequate physical condition to participate.

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Brian Halsey
Time: 5:30pm-6:30pm
Fee: \$40.00

WSH2507 YOGA – BEGINNER

Have you ever wanted to try a yoga class but weren't sure where to start? Beginner yoga here at Cape May Tech is a class for ALL levels. If you have never tried yoga in your life (or) if you are a seasoned yogi, you are welcome. You will need a mat, blanket, and water. Wear clothing that provides you with ease of movement and layers, if possible. If you would like to wear socks, grip socks are recommended. This class goes through a host of different poses with the pose name and correct posture. Each pose is demonstrated and explained. The practice will vary week to week with a focus on balance, breath, strength and stretching in a fun, supportive and relaxing environment. Do something great for yourself and come try a beginner yoga class!

Dates: Wednesdays – January 29 through March 19 (8 sessions)
Instructor: Kelly Baker
Time: 4:00pm-5:00pm
Fee: \$40.00

Language

WSL2501 AMERICAN SIGN LANGUAGE – LEVEL 1

In this course, students will learn the basics of American Sign Language (ASL) including the alphabet, numbers, gestures, elements of a sign and the basic signs. Classes will focus on a conversational approach including fingerspelling, introducing oneself, exchanging information and making requests all in the context of appropriate cultural behaviors of the language. The instructor will also include ASL and deaf resources as well as detailed information on deaf culture and community. Instruction and discussion in the classroom will be conducted in American Sign Language (ASL).

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Tiffany Narciso
Time: 4:00pm-5:30pm
Fee: \$60.00

WSL2502 RUSSIAN MADE EASY

In this course, the Russian language will be presented in a style to explain grammar and vocabulary clearly. Grammar will be dissected to include verb conjugation, adjectives, cases and dialogue. A conversational approach will be included to learn everyday vocabulary and expressions that you can use. Cultural information will be incorporated as necessary to assist the student with learning and understanding the language.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Ekaterina Hamann
Time: 6:00pm-8:00pm
Fee: \$80.00

WSL2503 SPANISH – ADVANCED BEGINNERS CONVERSATIONAL

This class will build upon Spanish skills learned in Spanish Introduction to Conversational or students who have a basic Spanish language knowledge, including more complex vocabulary, grammar structures like past and future tenses, deeper conversation practice, and further exploration of Spanish-speaking cultures. There will be a focus on learning new words related to topics like hobbies, jobs, food, travel, and daily routines. Students will engage in extended dialogues covering everyday situations.

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Jennifer Bolling
Time: 5:00pm-6:30pm
Fee: \$60.00

WSL2504 SPANISH – INTRODUCTION TO CONVERSATIONAL

This introductory course teaches listening and speaking skills in Spanish through active participation. Students will be learning to comprehend and communicate orally in a culturally acceptable manner, using basic language structures and common vocabulary related to traveling and jobs.

Dates: Mondays – January 27 through March 24
(8 sessions, no class February 17)
Instructor: Jennifer Bolling
Time: 6:30pm-8:00pm
Fee: \$60.00



Special Interest

WSBO2501 BOOKS I SHOULD HAVE READ IN HIGH SCHOOL

Did you finally get into reading for pleasure after you graduated high school? Feel like there were a lot of books you should have read in high school but didn't? Does the idea of taking a book-club-style literature class excite you, but feel your only options are expensive college courses? Well then this class is for you! Join us weekly for a "reading for pleasure" English class with a former English teacher where we read, discuss, and analyze some of those classic titles you "always wished you read."

Dates: Mondays-January 27 through March 24
(8 sessions, no class February 17)
Instructor: Megan Thompson
Time: 4:00pm-6:00pm
Fee: \$80.00

WSP2501 DIGITAL PHOTOGRAPHY – BEGINNERS

Do you have a DSLR (Digital Single Lens Reflex) or mirrorless camera that you want to use? Digital photography is great for family photos, nature, hobbyists, and more! In this hands-on course you will learn to operate your digital camera to include terminology, parts, features, how to take photos and composition techniques to produce professional pictures. Photos will be taken during class, so please bring your DSLR or mirrorless camera, memory card, charged battery and the camera's user manual to each night of class. Later in the course, a possible field trip to a nearby location to take photos may be included, weather permitting.

Dates: Wednesdays-February 12 through March 19 (6 sessions)
Instructor: Kathy Libby
Time: 4:00pm-5:30pm
Fee: \$45.00++

WSDN2501 DNA WORKSHOP

This workshop is designed to provide students with information on how to utilize their DNA to verify and add to research. It will provide introduction to DNA and the methods each company uses to identify their matches and eventually with hope, the researcher will become familiar enough with what they learn and will become comfortable in using chromosome levels to verify their results and identify a common ancestor between the student and their match. A requirement for this class is that the individual will have completed DNA testing and have results available within the 6-week class sessions.

Dates: Tuesdays – February 11 through March 18 (6 sessions)
Instructor: Helen Fink
Time: 4:00pm-6:30pm
Fee: \$75.00

WSD2501 DOG OBEDIENCE (Session 1)

This course presents a gentle, traditional method with positive reinforcement for solving undesirable canine obedience problems for dogs at least 6 months of age. **The same human trainer must accompany the same dog on each night of class, no exceptions.** Exercises include heeling, sit/stay, down/stay, come when called, etc. Problems such as jumping and barking will be addressed. A suitable leash is required. Please, no flex lead or harness (Flat or martingale) Leashes, collars, and training supplies will be available for purchase.

NOTE: NO DOGS ON THE FIRST NIGHT, HOWEVER, PLEASE BRING YOUR DOG'S IMMUNIZATION RECORD (BORDETELLA VACCINE REQUIRED). ON THE FIRST NIGHT, AN ORIENTATION AND RECORD REVIEW WILL OCCUR.

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Sandy Fedoroff
Time: 6:00pm-6:45pm
Fee: \$30.00

WSD2502 DOG OBEDIENCE (Session 2)

Course description is the same as Session 1, only the time & instructor are different.

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Gail Fumo
Time: 7:00pm-7:45pm
Fee: \$30.00

WSD2503 DOG OBEDIENCE – RALLY FOR BEGINNERS (Session 1)

Rally obedience is a dog sport based on obedience. It is a team sport, you and your canine companion. You and your dog navigate through a course of 10 to 20 different signs. Each sign displays instructions for the skill to be performed at that station. Your dog will need to respond to basic commands such as sit, down, stay, heel, etc. Rally is a great way for you and your dog to bond while working as a team and having fun! **Your dog must be at least six months of age to participate. Pre-requisite: previous basic dog obedience class here at Cape May Tech or elsewhere.** Class size is limited so each team will have adequate time on the course each week.

NOTE: DOGS WILL COME ON THE FIRST NIGHT. HOWEVER, YOU WILL NEED TO SEND A PICTURE YOUR DOG'S IMMUNIZATION RECORD (BORDETELLA VACCINE REQUIRED) TO THE INSTRUCTOR. HER EMAIL ADDRESS WILL BE PROVIDED AFTER REGISTRATION.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Sandy Fedoroff
Time: 6:00pm-7:00pm
Fee: \$40.00

WSD2504 DOG OBEDIENCE – RALLY FOR BEGINNERS (Session 2)

Course description is the same as Session 1, only the time is different.

Dates: Tuesdays – January 28 through March 18 (8 sessions)
Instructor: Sandy Fedoroff
Time: 7:00pm-8:00pm
Fee: \$40.00

WSD2505 DOG OBEDIENCE-AMERICAN KENNEL CLUB CANINE GOOD CITIZEN PROGRAM

This program is designed to recognize dogs who have good manners at home and in the community. It stresses responsible dog ownership for owners and basic training and good manners for dogs. Dogs must pass the 10 step Canine Good Citizen test to receive a certificate from the American Kennel Club.

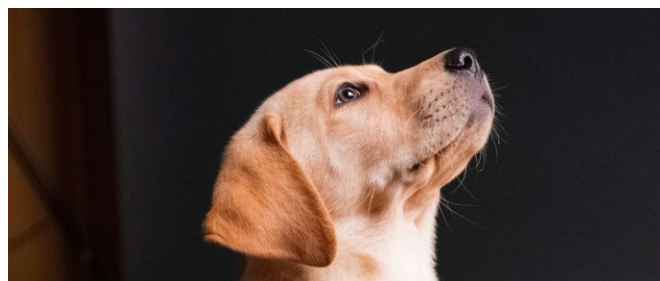
Owners and dogs must attend all classes. The first two nights of program will be practice for the test. The test will then be split across the next two nights of the program. The last night may be used for those who may need to do over with certain test skills. Please note the test must be done with a flat collar.

Dates: Tuesday & Thursday – March 25, 27 & April 1, 3, & 8
(5 sessions must be attended for certification)
Instructor: Sandy Fedoroff
Time: 6:00pm-7:30pm
Fee: \$37.50++

WSID2501 HOME INTERIOR DESIGN – INTRODUCTION

Do you want to feel more comfortable in your home and inevitably happier? Then enroll in this introductory and affordable guide to interior design with an interactive and hands on approach, which will enable you to arrange and accessorize your home on your own, spend less and save more by not making costly errors. Teacher, Jane Reynolds, has been practicing interior design for over 35 years.

Dates: Tuesdays – January 28 through March 18
(7 sessions, no class on March 11)
Instructor: Jane Reynolds
Time: 5:30pm-7:30pm
Fee: \$70.00



WSEB2501 SELLING ON EBAY (Session 1)

Whether downsizing, decluttering or have items you suspect may be valuable, eBay offers a unique opportunity to sell your items via the online world. In this course you will learn the basics of selling on eBay including how to research, list, sell and ship your items including a review of eBay's rules, policies, financial transactions and customer service. Students should have an email account and basic knowledge of online shopping. Special note: eBay requires users to utilize a checking account for processing transactions.

Dates: Wednesdays – January 29 through February 19
(4 sessions)
Instructor: Susan Cline
Time: 6:00pm-8:00pm
Fee: \$40.00

WSEB2502 SELLING ON EBAY (Session 2)

Course description same as Session 1, only the dates are different.

Dates: Wednesdays – February 26 through March 19
(4 sessions)
Instructor: Susan Cline
Time: 6:00pm-8:00pm
Fee: \$40.00

WSW2501 THE WRITER'S GUILD

Have you always had the idea for a novel but don't know where to start? What do you think about X or Y or Z? And how have your life experiences informed your views on these topics? Have you ever wanted to make a family history book? That's the essence of a personal essay: viewpoints filtered through the lens of your personal experience. Any topic goes, from the ridiculous to the sublime.

In this course, we explore writing in all its forms—including mini-memoirs, humorous observations, perspective-changing travel experiences, and opinion pieces. Through discussions, in-class exercises, critiques, and readings, we examine and experiment with the aspects of narrative craft—description, dramatic tension, pacing, tone, and voice—required to create vivid, true tales. We put these elements of craft to use in our own personal essays, which will be critiqued by the class in a supportive, constructive atmosphere. Suitable for writers of all levels, we also focus on techniques for mining memory, choosing the most vibrant details, and bringing your idea to life!

Dates: Thursdays – January 30 through March 20 (8 sessions)
Instructor: Megan Thompson
Time: 4:00pm-6:00pm
Fee: \$80.00++

TESTING CENTER

Cape May County Technical School serves as a testing center for the following tests:

GED

The GED exam is taken on a computer and covers four subjects: mathematical reasoning, reasoning through language arts, social studies, and science. Each subject requires a separate test. You do not have to take them all at once.

Testing Dates

1/14/25	4/8/25
1/22/25	4/29/25
2/11/25	5/6/25
2/25/25	5/13/25
3/11/25	5/20/25
3/25/25	6/3/25

See testing times and register at [GED.com](https://www.ged.com)

CASAS

The CASAS test is a free reading and math test, which can be used for a One Stop Training grant, entrance to Cape May County Technical School's Post Secondary Programs, or as a free practice test for your High School Equivalency (HSE) (GED).

Testing Dates & Times

1/9/25: 12:30 PM	3/10/25: 12:30 PM
1/31/25: 10:00 AM	3/28/25: 10:00 AM
2/12/25: 12:30 PM	5/7/25: 12:30 PM
2/28/25: 10:00 AM	5/19/25: 12:30 PM

Register at [capemaytech.com](https://www.capemaytech.com)

TEAS

The ATI TEAS, or Test of Essential Academic Skills, is a standardized exam that nursing programs use to assess applicants. The idea behind the exam is to test an applicant's readiness for nursing school. The TEAS exam covers four main content areas: reading, math, science, and English and language usage.

Testing Dates

1/16/25: 4:00 PM	4/11/25: 9:00 AM
2/3/25: 4:00 PM	4/15/25: 4:00 PM
2/21/25: 9:00 AM	5/1/25: 4:00 PM
3/13/25: 4:00 PM	5/9/25: 9:00 AM
3/21/25: 9:00 AM	5/16/25: 9:00 AM

Register at [capemaytech.com](https://www.capemaytech.com)

FREE CLASSES

GED and Adult Basic Education Classes

Adult Basic Education classes prepare students to take their GED to earn a high school diploma or to raise pre-admission test scores for entrance into Post-Secondary programs, including CASAS and TEAS tests.

Daytime Classes

Monday through Thursday
9:00 AM - 12:00 PM

Evening Classes

Monday through Wednesday
5:30 PM - 8:30 PM

ESL Classes

ESL Classes help to learn listening, speaking, reading & writing in English.

In Person Evening Classes

Monday through Wednesday, 5:30 PM - 8:30 PM

Virtual (Computer) Classes

Tuesday and Thursday, various times for various levels

OPEN ENROLLMENT for both classes - join anytime!

*Please contact Elizabeth Satterfield for more information:
(609)380-0200 ext.113 or esatterfield@capemaytech.com*

Need Career Training?

Join one of our Post Secondary Courses!

Entrance Tests are happening now! **Call (609) 380-0243 for more information.** Application process opens in March 2025.

Carpentry & Property Management Cosmetology • Dental Assisting • Dental Radiology Practical Nursing • Welding

All programs lead to industry certification. Post-Secondary applicants are required to take the CASAS pre-entrance exam to earn a seat in any of the programs (except Practical Nursing). Practical Nursing applicants are required to take TEAS test. We offer free CASAS and TEAS preparation classes.

Learn more about our Post Secondary Courses on the next 3 pages.

Carpentry & Property Management Post Secondary Program Information

The Carpentry & Property Management program at Cape May County Technical School is a course of study focusing on skills in carpentry, masonry, electric and plumbing and how they relate to new construction, renovations and property maintenance. Students apply technical knowledge and skills to layout, cut, fabricate, erect, install and repair wooden structures and fixtures, using hand and power tools. Students will build framing projects, install roofing and siding, wire residential circuits, install water and drain lines, pour and finish concrete, troubleshoot repair issues.

Students will be eligible to earn OSHA 10 Hour Construction Industry Training Certificate. This industry recognized certificate provides entry level construction worker's general awareness on recognizing and preventing hazards on a construction site.

Strong basic math skills are necessary with a focus on arithmetic calculations, Geometry, and some basic Algebra. Language Arts skills in vocabulary and communication as well as the ability to read documents, write reports, and communicate with customers are an integral part of the program.

Graduates may find employment as framers, roofers, siding installers, finish carpenters, property maintenance carpenters, deck builders, drywall installers and finishers, painters, property management, concrete finishers and construction laborers.

The Carpentry & Property Management Program is a part-time 27-week program that runs from October to April, Monday, Tuesday & Wednesday evenings from 6:00 to 9:00pm.

COURSE CONTENT: Technical Mathematics • Framing • Construction Materials & Selection • Job Estimating • Blueprint Reading • Foundations & Roughing In Finish Carpentry Techniques • Applicable Codes & Standards



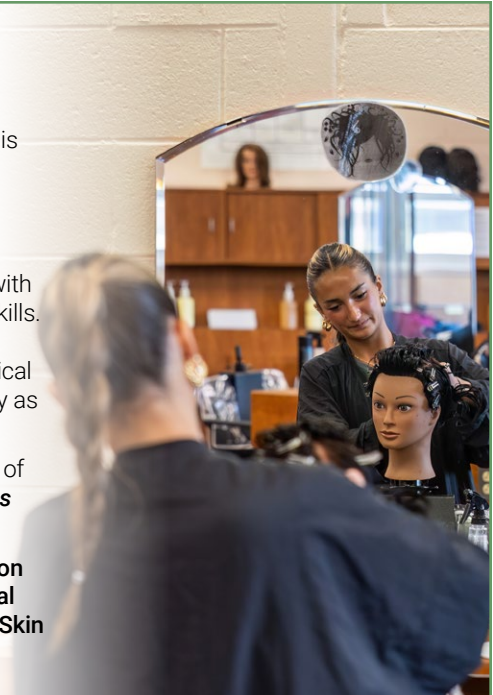
Cosmetology

Post Secondary Program Information

The Cosmetology and Hairstyling program at Cape May County Technical School is specifically designed to prepare graduates for licensing requirements established by the New Jersey State Board of Cosmetology/Hairstyling. Students are required to complete 1000 productive hours of training as part of the course requirements. The district will strictly enforce this requirement. Students of this program will be instructed in all of the state required areas of Cosmetology and Barbering, along with other related areas of study, including workplace readiness and communication skills. Students will practice their skills on mannequins and fellow students. During the second half of the year and upon receipt of their student permit, an "in-house" clinical experience will be added, and students will work with patrons from the community as part of their training.

The Cosmetology program is fully accredited through the New Jersey State Board of Cosmetology. **The Cosmetology program is a full time 10-month program that runs September through June, Monday through Thursday, 1:00 to 9:00 pm.**

COURSE CONTENT: Safety Issues and Practices • Professional Image • Sanitation • Hair and Scalp Care • Hair Shaping • Barbering Skills • Wet Hairstyling • Thermal Styling • Chemical Applications • Manicuring • Pedicuring • Nail Tech Services • Skin Care • Facials • Make-up Applications • Salon Business • Related Sciences



Dental Assisting

Post Secondary Program Information

The Dental Assisting program at Cape May County Technical School prepares the student to meet requirements to become a Certified Dental Assistant (CDA). Successful graduates also qualify to apply to the State of NJ for the Expanded Function Registered Dental Assistant (RDA) and Limited Radiologic Technologist licensures.

The Dental Assisting program is fully accredited by the American Dental Association Commission on Dental Accreditation (ADA-CODA), approved by the Department of Environmental Protection (DEP) Bureau of X-ray Compliance and approved by the New Jersey State Board of Dentistry.

RDA's upon licensure can enter the workforce starting at \$20-\$33 an hour. **The Dental Assisting program is a full time 10 month program that runs September through June, Monday through Friday, 8:00 am to 2:30 pm.**

COURSE CONTENT: Chairside Assisting & Expanded Functions • Dental & Medical Emergencies • Dental Health Education • Dental Materials • Dental Patient & Practice Management • Dental Radiology • Dental Science I • Dental Science II • Infection Control & Bio Medical Science • Externship

Dental Radiology

Registration Open Now until January 23, 2025

This course is approved by the New Jersey Radiologic Technology Board of Examiners. Upon conclusion of classroom instruction, students will be eligible to expose radiographs under clinical affiliation policy.

The Dental Radiology course is a 16-week class that runs on Tuesdays, February through May.

Requirements: 18+ years of age • High School Diploma/Equivalent or College Degree (all foreign credentials must have been translated and equivalency prior to the registration and at student's expense • Pass pre-admission testing • Three months current work experience in a dental office • Criminal background clearance

Registration: \$650 registration fee includes course registration, school supply fees. The registration fee is due at the time of registration via check or debit/credit card only - no cash. Mandatory text books, Board Examination, and State License fees are the responsibility of the student.

In-Person Registration: Monday through Thursday at Cape May County Technical School, Adult Education Office, Main Entrance, Parking Lot A.

As per NJDEP guidelines, the following documents are required to be presented at time of registration: Valid Government-issued Photo ID • High School Diploma/Equivalent or College Degree.

Practical Nursing

Post Secondary Program Information

The Practical Nursing program at Cape May County Technical School will provide a curriculum based on the holistic concept of patient care and will provide the students with the necessary knowledge to meet the requirements for licensing in the field of nursing. It will prepare the students to function as members of the health care team and to recognize and meet the needs of people in their care.

This course is approved by the New Jersey Board of Nursing and the New Jersey Department of Education, and consists of both classroom and clinical experiences. **The Practical Nursing program is a full time program that runs September through July, Monday through Friday, 8:00 am to 2:30 pm.** Clinical hours will vary depending on the affiliation site. Additional online instructional time is required.

COURSE CONTENT: Anatomy & Physiology • Chemistry • Community Health • Fundamentals of Nursing • Geriatric Nursing • Growth & Development • Maternity Nursing • Mathematics for Nursing • Medical-Surgical Nursing • Microbiology • Nursing Orientation • Nutrition • Pediatric Nursing • Personal & Professional Relations • Pharmacology • Psychiatric Nursing



Welding

Post Secondary Program Information

The Welding program at Cape May County Technical School is aligned with the objectives and curriculum of the American Welding Society. Upon completion, the student will be able to produce welds to Bridge, Highway and AWS D1.1 Structural Codes.

Classroom theory includes a review of materials, the cross matching of welding filler material to metals that will be welded, blueprint reading, and math for welders. The curriculum includes practical application and practice in Oxy/Acetylene cutting, Fusion and all position brazing, and Arc welding in all positions using 6010 and 7018 welding rods. The American Welding Society Basic Welder (1-G) certification testing will be offered on site to all students that meet program requirements.

The Welding Program is a part-time 28 week program that runs October through April, Monday, Tuesday and Wednesday evenings from 5:00 to 8:00 pm.

COURSE CONTENT: Review of Welding Materials • Blueprint Reading • Math for Welders • Oxy/Acetylene Cutting, Fusion and Brazing • Arc Welding



Apprenticeship Programs

WHAT IS AN APPRENTICESHIP?

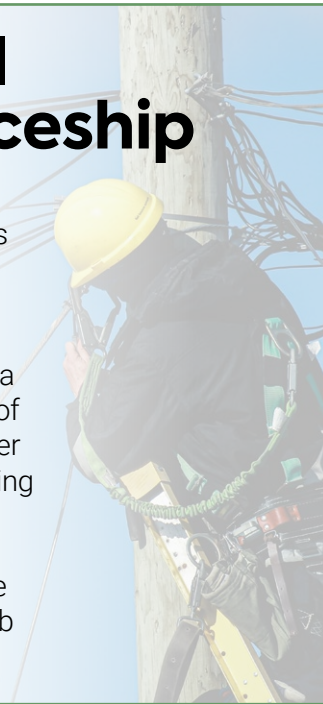
An apprenticeship is a form of training where individuals learn a skilled trade through a combination of on-the-job training and classroom instruction. It involves working under the guidance of experienced professionals in a specific field to gain practical experience while also attending related technical classes to acquire theoretical knowledge.

HOW CAN I QUALIFY?

Candidates must have a high school diploma or equivalency. Prospective students should be employed full-time in the field, and their employer or union must be willing to sponsor them.

Electrical Apprenticeship

Cape May Tech offers related technical classes that can help earn the status of Journeyman Electrician. Students in this program must take a minimum of 144 hours of classroom instruction per year for four years, totaling 576 hours of classroom instruction. In addition, students must complete 8,000 hours of on-the-job training.



HVAC-R Apprenticeship

Cape May Tech offers related technical classes that can help earn the status of NJ Master Heating, Ventilating, Air Conditioning and Refrigeration (HVAC-R) Contractor. Students in this program must take a minimum of 144 hours of classroom instruction per year for four years, totaling 576 hours of classroom instruction. In addition, students must complete 8,000 hours of on-the-job training.



Plumbing Apprenticeship coming Fall 2025!



Celebrating Over 100 Years of Education that Works!

The Cape May County Technical School was instituted in 1915 by the Cape May County Commissioners and is today situated on an 84-acre campus in the Northern section of the Crest Haven Complex (Middle Township) which is easily accessible from Exit 11 off the Garden State Parkway.

The Cape May County Technical School presently consists of one main building which includes the Tozour (100) Building, the Scrivani (200) Building and the Toft (300) Building, as well as auxiliary buildings that include a greenhouse, the Broadley Administration Building, and waterfront facilities on the sound. Also, baseball, softball and soccer fields have been established on the campus.

The district's educational schools include a full-time career technical high school, shared-time career high school programs, adult post secondary full-time programs, adult basic education with High School Equivalency (HSE) test preparation, English as a Second Language, HSE Testing, summer enrichment programs for youth, lab school for preschoolers, and Adult Evening Community Education.

The district is ready to serve the educational technical needs of the community well into the 21st century.

The Cape May County Technical School District shall provide equal and bias-free access for all students to all school facilities, courses, programs, activities and services and give them maximum opportunity to achieve their potential regardless of race, creed, color, national origin, ancestry, age, sex, gender identity or expression, affectional or sexual orientation, marital status, liability for service in the Armed Forces of the United States, nationality, place of residence with the district, socioeconomic status, disability or pregnancy. Enforcement of other district affirmative action/equity policies (1140, 1510, 1523, 1550, 1550P, 2260, 3362, and 5751) contribute to this legally required equality of educational opportunity.

Programs and activities are operated in compliance with Title VI of the Civil Rights Act of 1964 (Title VI, 100.4), Title IX of the Education Amendments of 1972 (Title IX, 106.4), Section 504 of the Rehabilitation Act of 1973 (Section 504, 104.5), Family Educational Rights and Privacy Act (FERPA) for Elementary and Secondary Schools, and Protection of Pupil Rights Amendment (PPRA).

Program Information

- Registration opens to the public beginning on Wednesday, December 11, 2025 for all methods of registration until the first night of class, provided seating is available.
- Registrations will be processed in the order which they are received via on-line, or in-person.
- You may contact the evening school office to see if there is space available in the class you desire. Please call (609) 380-0241 during regular business hours.
- The total course fee must be paid in full at the time of registration.
- The Cape May County Technical School reserves the right to limit registration for courses, to discontinue courses for which there is insufficient registration and to change times, locations and/or instructors.
- Class sizes are determined by the nature of the class and space. If a class is full, it will be closed and a waiting list will be generated for the semester.
- Senior citizens age 60+ receive a discount for all non-credential/licensing courses. The discount is 50% off the registration fee. Other supply fees remain full price. ID will be requested.
- **We cannot process cash or checks at registration,** so please be prepared with debit/credit card (for online or in-person)

Cape May County Technical School District Board of Education

Board President

Alan I. Gould

Board Vice-President

Christopher Kobik

Board Members

Lauren Reed

Casey Halverson

Kenneth Merson

Nancy Ramundo

***Executive County
Superintendent***

Dr. Judith DeStefano-Anen

***Board Secretary/ Business
Administrator***

Lauren Flynn

Cape May County Technical School District Administration

Superintendent

Jamie P. Moscony

***Director of
Curriculum & Instruction***

Kristen Schaffer

Principal of High School

Steven Vitello

***Supervisor of Adult &
Community Education***

Susan Jurusz

***Coordinator of Adult &
Community Education***

Sally Rutherford

Test Support Specialist

Elizabeth Satterfield

***Administrative Secretary
for Post Secondary***

Kathy Rickards

Cape May County Commissioners

Director

Leonard C. Desiderio

Vice Director

Andrew Bulakowski

Commissioner

Bobby Barr

Commissioner

Melanie Collette

Commissioner

Will Morey

Registration Procedures for Evening Personal Enrichment Classes

Ways to Register

Online Registration

- www.CapeMayTech.com
- Online registration opens Wednesday, December 11, 2025
- Each course is registered for separately
- Payment is due online by credit/debit at time of registration (VISA, Mastercard or Discover)
- Senior Citizen discount code for online registration is provided
- Registration confirmation is sent via e-mail

In-Person Registration

- Registrations will be accepted Monday through Thursday, excluding holidays, in the Adult Education Office according to the following schedule:

December 11, 2024 to December 19, 2024

11:30 a.m. to 7:00 p.m.

January 2, 2025 to January 27, 2025

11:30 a.m. to 7:00 p.m.

Semester begins Monday, January 27, 2025. Registration accepted if seating is available.

- Address for entrance is **188 Crest Haven Road, Cape May Court House, NJ 08210**
- Park in **Lot A or Lot B**
- **Picture ID** is required to enter the building via the security screening process.
- **Payment by credit/ debit only. No cash can be processed.** Check payments need administrative approval.

Symbol Key

(+) Course Supply Fee

A general course supply fee may be charged in courses in which consumable school supplies are used in the instructional/ learning process. All listed general course supply fees must be paid along with the course fee at the time of registration. These courses will be identified in the brochure with a plus sign (+) next to the course fee and the identified supply fee listed.

(++) Course Supplies need to be purchased

Some courses require supplies to be used in class which cannot be effectively included in a general supply fee due to the nature of individual appeal for projects. These courses will be identified in the brochure with a double plus sign (++) next to the course fee. Instructors will provide students with the names of suggested vendors who may stock the necessary supplies.

(S) Safety

Persons taking a class where tools, power machines, toxic fumes or flammable liquids are being used must wear proper safety clothing, breathing devices and approved eye protection as directed by the instructor, at all times in the shop area. Classes that require safety agreements will be identified in the brochure with an (S) and students are required to sign a safety agreement prior to participation.



High School Education

from HVAC & Sustainable Energies, Carpentry to Culinary Arts, Environmental Science *and so much more!*

Cape May County Technical School is a career focused public school of choice offering college and career readiness in high school.



Why Choose Cape Tech?

Career Technical Training • Industry Credentials • Rigorous Academics and Electives • College Credits in High School • State of the Art Technical and Science Facilities • Student Life with Sports, Clubs, Activities, and More!

WANT TO SCHEDULE A TOUR? WANT MORE INFORMATION?

Call our admissions office: 609-380-0200 ext. 2032

or visit our website: www.capemaytech.com